

Zyad T. Saleh
Curriculum Vitae

Name, Degrees, Credentials: Zyad Saleh, PhD, MSN, RN Associate Professor

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Present Position (Title) & Employer: Associate Professor at Clinical Nursing Department, School of Nursing, University of Jordan

Research Topic: My research interests focus on the primary and secondary prevention of the cardiovascular disease. My primary interest involves determining the factors that influence health behavior change in patients with cardiovascular disease particularly exercise and dietary behaviors. I am currently conducting research to assess the biological, physiological, and psychosocial factors that affect adherence to exercise and dietary recommendations in patients with ischemic heart disease. The secondary aim is to determine the long-term impacts of biological, physiological, and psychosocial factors and current nutritional status on ischemic heart disease outcomes.

Education:

Institution	Degree or Diploma	Dates	Field(s) of Study
University of Kentucky Lexington/KY, USA	Ph.D.	2013	Nursing
University of Jordan Amman, JO	M.S.N.	2006	Clinical Nursing
University of Jordan Amman, JO	B.S.N.	2001	Nursing

Professional Experience:

Dates	Institution and Location	Position
2022 - present	University of Jordan, School of Nursing Amman, JO	Head of department of Clinical Nursing
2018 - Present	University of Jordan, School of Nursing Amman, JO	Associate Professor
2013 - 2018	University of Jordan, School of Nursing Amman, JO	Assistant Professor

Dates	Institution and Location	Position
2009 – 2013	University of Kentucky School of Nursing Lexington, KY	Research Assistant
2006 -2008	University of Jordan, College of Nursing Amman, JO	Teaching Assistant
2004 - 2006	University of Jordan Hospital Medical Intensive Care Unit Amman, JO	Staff/Charge Nurse
2002 - 2004	University of Jordan Hospital Medical Intensive Care Unit Amman, JO	Staff Nurse

Research Project:

The Impacts of Current Nutritional Status on Outcomes among Patients with Ischemic Heart Disease. (Under Ethical Review) Principle Investigator
 Effects of a Home-Based Mobile Health App Intervention on Physical Activity Levels in Patients with Heart Failure. (2021 – 2022) Principle Investigator
 Perceptions related to cardiovascular disease and physical activity behavior in Arab men. (2017 – 2018) Principle Investigator

Presentation:

International:

Saleh, Z. T., Lennie, T. A., Chung, M. L., Connell, A. R., Moser, D. K. (2012, March). *Self-rated Health Perception Predicts Coronary Heart Disease Risk Factors in Prison Inmates*. Poster presentation at the 8th Annual College of Nursing Student Scholarship Showcase, Lexington, KY.

Saleh, Z. T., Lennie, T. A., Chung, M. L., Connell, A. R., Moser, D. K. (2012, March). *Self-rated Health Perception Predicts Coronary Heart Disease Risk Factors in Prison Inmates*. Poster presentation at the University of Kentucky Center for Clinical and Translational Science the 7th Annual Spring Conference, Lexington, KY.

Saleh, Z. T., Lennie, T. A., Chung, M. L., Connell, A. R., Moser, D. K. (2012, February). *Self-rated Health Perception Predicts Coronary Heart Disease Risk Factors in Prison Inmates*. Poster presentation at the 26th Annual Southern Nursing Research Society Conference, New Orleans, LA.

Miller, J., Williams, L., Alhurani, A., Saleh, Z., Bailey, A., Connell, A., . . . Moser, D. (2021). Race matters: cardiovascular disease risk in male US prisoners. Oral Presentation at European Journal of Cardiovascular Nursing, 20(Supplement_1). doi:10.1093/eurjcn/zvab060.060

Saleh, Z., Lennie, T., & Moser, D. (2019). P4540 Obesity in patients with heart failure and without diabetes mellitus is associated with longer event-free survival only among those with high dietary sodium intake. Poster Presentation at at ESC CONGRESS 2019, France. European Heart Journal, 40(Supplement_1). doi:10.1093/eurheartj/ehz745.0931

Saleh, Z., Lennie, T., & Moser, D. (2017). High body mass index does not protect patients with heart failure against the adverse effects of inflammation. Oral Presentation at ESC Preventive

Cardiology 2017, Spain. European Journal of Preventive Cardiology, 24(Supplement_1).

<https://esc365.escardio.org/presentation/150068>

Saleh, Z., Lennie, T., & Moser, D. (2012). Self-rated health perception predicts coronary heart disease risk factors in prison inmates. Poster Presentation at ESC CONGRESS 2012, Germany. European Heart Journal

Publication:

Manuscripts Published:

- AbuAlUla, N. A., Elshatarat, R. A., Yacoub, M. I., Elhefnawy, K. A., Aljohani, M. S., Saleh, Z. T., & Abu Raddaha, A. H. (2021). Relationship between Physiological Health Status, Lifestyle Behaviors, and Cardiovascular Disease Among Adults in Two Arab Countries. *Open Cardiovascular Medicine Journal*, 15, 6. doi:10.2174/1874192402115010023
- Alduraidi, H., Abdulla Aqel, A., Saleh, Z., Almansour, I., & Darawad, M. (2021). UNRWA's role in promoting health outcomes of Palestinian refugees in Jordan: A systematic literature review. *Public Health Nursing*, n/a(n/a). doi:<https://doi.org/10.1111/phn.12889>
- Almansour, I. M., Aldalaykeh, M. K., Saleh, Z. T., Yousef, K. M., & Alnaeem, M. M. (2020). Predictive Performance of two Measures of Prognostic Mortality of Cancer Patients in Intensive Care Unit in Jordan: A Comparative Single-Centre Study. *Open Nursing Journal*, 14, 6. doi:10.2174/1874434602014010168
- Almansour, I. M., Hasanien, A. A., & Saleh, Z. T. (2020). Mortality Rate, Demographics, and Clinical Attributes of Patients Dying in the Intensive Care Unit of a Comprehensive Cancer Center in Jordan: A Descriptive Study. *OMEGA - Journal of Death and Dying*, 0030222820923929. doi:10.1177/0030222820923929
- Darawad, M. W., Alfasfos, N., Saleh, Z., Saleh, A. M., & Hamdan-Mansour, A. (2016). Predictors of delay in seeking treatment by Jordanian patients with acute coronary syndrome. *International Emergency Nursing*, 26, 20-25. doi:<https://doi.org/10.1016/j.ienj.2015.09.003>
- Darawad, M. W., Rezk-Hanna, M., Alhussami, M., Lee, J., Mostafa, A., Abu-Rmeileh, N., . . . Salloum, R. (2020). Poly-Tobacco Use among Young Adult Waterpipe Smokers: Insights from University Students in Three Eastern Mediterranean Countries. *Substance Use & Misuse*, 55(13), 2099-2108. doi:10.1080/10826084.2020.1790010
- Elshatarat, R. A., Ebeid, I. A., Elhenawy, K. A., Saleh, Z. T., Raddaha, A. H. A., & Aljohani, M. S. (2020). Jordanian ostomates' health problems and self-care ability to manage their intestinal ostomy: a cross-sectional study. *Journal of Research in Nursing*, 25(8), 679-696. doi:10.1177/1744987120941568
- Elshatarat, R. A., Yacoub, M. I., Khraim, F. M., Saleh, Z. T., & Afaneh, T. R. (2016). Self-efficacy in treating tobacco use: A review article. *Proceedings of Singapore Healthcare*, 25(4), 243-248. doi:10.1177/2010105816667137
- Elshatarat Rami, A., Yacoub Mohammed, I., Saleh Zyad, T., Ebeid Inas, A., Abu Raddaha Ahmad, H., Al-Za'areer Majed, S., & Maabreh Roqia, S. (2018). Perinatal Nurses' and Midwives' Knowledge About Assessment and Management of Postpartum Depression. *Journal of Psychosocial Nursing and Mental Health Services*, 56(12), 36-46. doi:10.3928/02793695-20180612-02
- Khalil, A. A., Darawad, M. W., Abed, M. A., Hamdan-Mansour, A., Arabiat, D. H., Alnajjar, M. K., & Saleh, Z. T. (2021). The impact of somatic and cognitive depressive symptoms on medical prognosis in patients with end-stage renal disease. *Perspectives in Psychiatric Care*, n/a(n/a). doi:<https://doi.org/10.1111/ppc.12786>

- Maharmeh, M., Alasad, J., Salami, I., Saleh, Z., & Darawad, M. (2016). Clinical Decision-Making among Critical Care Nurses: A Qualitative Study. *Health*, Vol.08No.15, 14.
doi:10.4236/health.2016.815173
- Miller, J., Williams, L., Alhurani, A., Saleh, Z., Bailey, A., Connell, A., . . . Moser, D. (2021). Race matters: cardiovascular disease risk in male US prisoners. *European Journal of Cardiovascular Nursing*. doi:10.1093/eurjcn/zvab060.060
- Salami, I., Subih, M., Darwish, R., Al-Jbarat, M., Saleh, Z., Maharmeh, M., . . . Al-Amer, R. (2019). Medication Administration Errors: Perceptions of Jordanian Nurses. *Journal of Nursing Care Quality*, 34(2).
- Saleh, Z. T., Alraoush, A. T., Aqel, A. A., Shawashi, T. O., Chung, M., & Lennie, T. A. (2021). Sex Differences in the Association Between Inflammation and Event-Free Survival in Patients With Heart Failure. *Journal of Cardiovascular Nursing*. doi:10.1097/jcn.0000000000000831
- Saleh, Z. T., Connell, A., Lennie, T. A., Bailey, A. L., Elshatarat, R. A., Yousef, K., & Moser, D. K. (2017). Cardiovascular Disease Risk Predicts Health Perception in Prison Inmates. *Clinical Nursing Research*, 28(2), 235-251. doi:10.1177/1054773817740534
- Saleh, Z. T., Elshatarat, R. A., Alhurani, A. S., Maharmeh, M., Salami, I., Alduraidi, H., & Alasad, J. (2018). Perceptions related to cardiovascular disease and physical activity behavior in Arab men: A qualitative study. *Heart & Lung*, 47(4), 345-350.
doi:https://doi.org/10.1016/j.hrtlng.2018.04.009
- Saleh, Z. T., Lennie, T. A., Alhurani, A. S., Almansour, I. M., Alduraidi, H., & Moser, D. K. (2019). High Dietary Sodium Intake is Associated with Shorter Event-Free Survival in Patients with Heart Failure and Comorbid Diabetes. *Clinical Nursing Research*, 30(2), 154-160.
doi:10.1177/1054773819888743
- Saleh, Z. T., Lennie, T. A., Darawad, M., Alduraidi, H., Elshatarat, R. A., Almansour, I. M., & Moser, D. K. (2020). The health outcomes of inflammation and obesity in patients with heart failure. *Heart & Lung*, 49(6), 896-901. doi:https://doi.org/10.1016/j.hrtlng.2020.05.010
- Saleh, Z. T., Lennie, T. A., Mudd-Martin, G., Bailey, A. L., Novak, M. J., Biddle, M., . . . Moser, D. K. (2015). Decreasing sedentary behavior by 30 minutes per day reduces cardiovascular disease risk factors in rural Americans. *Heart & Lung*, 44(5), 382-386.
doi:https://doi.org/10.1016/j.hrtlng.2015.06.008
- Saleh, Z. T., Wu, J.-R., Salami, I., Yousef, K., & Lennie, T. A. (2018). The Association Between Depressive Symptoms and N-Terminal Pro-B-Type Natriuretic Peptide With Functional Status in Patients With Heart Failure. *The Journal of cardiovascular nursing*, 33(4), 378-383.
doi:10.1097/JCN.0000000000000470
- Saleh Zyad, T., Elshatarat Rami, A., Ebeid Inas, A., Aljohani Mohammed, S., Al-Za'areer Majed, S., Alhujaili Abdullah, D., . . . Abu Raddaha Ahmad, H. (2020). Caring for Women With Postpartum Depression in Saudi Arabia: Nurses' and Midwives' Opinions About Their Roles. *Journal of Psychosocial Nursing and Mental Health Services*, 58(7), 42-51.
doi:10.3928/02793695-20200506-05
- Saleh, Z. T., Elshatarat, R. A., Elhefnawy, K. A., Elneblawy, N. H., Abu Raddaha, A. H., Al-Za'areer, M. S., . . . Tayeh, M. (2022). Effects of a Home-Based Mobile Health App Intervention on Physical Activity Levels in Patients with Heart Failure: A Randomized Controlled Trial. *Journal of Cardiovascular Nursing*. (In press)

Manuscripts Under Review:

Nurses' Perceptions Regarding Exposure to COVID-19 Risks, and Impact of COVID-19 Outbreak on their Work and Psychosocial health. *Open Nursing Journal*

Challenges and Responsibilities of Danish, Egyptian, and Saudi Nurses in Weaning Process from Mechanical Ventilation for patients post cardiothoracic surgery: A Qualitative Study. Open Cardiovascular Medicine Journal

Book Chapter:

Elshatarat, R.A., Taha, K.A., Saleh, Z.T., Albalawi, M.A. (2015). Treatment of Nicotine Dependence. In C. L. Owens (Ed.), Nicotine dependence, smoking cessation and effects of secondhand smoke. New York, NY: Nova Science Publishers.

Editorial Activities:

Manuscript Reviewer:

- Heart & Lung
- Clinical Nursing Research
- Journal of Medical Internet Research

Professional Organizations Membership:

National:

- Jordan Nurses & Midwives Council

International:

- Association of Cardiovascular Nursing & Allied Professions /European Society of Cardiology
- Work Group on Coronary Pathophysiology & Microcirculation/European Society of Cardiology

Taught Courses:

Undergraduate program:

- 1- Health Assessment
- 2- First Aid specific for school of dentist & pharmacy & all schools as university requirement
- 3- Introduction to Adult Health Nursing Care
- 4- Adult Health Nursing Care II
- 5- Foundations of Professional Nursing
- 6- Introduction to Nursing Profession
- 7- Intensive Clinical Training
- 8- Scientific research
- 9- Health culture

Postgraduate program (Master Program):

- 1- Health Assessment (theory and clinical training)
- 2- Critical care I & II (theory and clinical training)

Professional Activities:

School of Nursing:

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| 2022 – Present | Head of Department of Clinical Nursing |
| 2021 | Head of a Sub-Committee to Review the Bachelor Courses Plan for Clinical Nursing Courses |

2019 Chair of the Student Council Elections Committee
2018 – Present Faculty Member Development Committee
2018 – Present Scientific Research Committee
2015 – Present Quality Assurance subcommittees
2013 - 2017 Curriculum development and review committee
2014 – 2015 School of Nursing Council

University of Jordan:

2019 – 2020 University of Jordan Council
2017 – 2018 University of Jordan Council

Personal Websites:

- <http://academic.ju.edu.jo/Zyad.Saleh/default.aspx>
- <https://www.researchgate.net/profile/Zyad-Saleh/stats>
- <https://www.scopus.com/authid/detail.uri?authorId=56736078200>
- <https://orcid.org/0000-0002-1107-0413>
- <https://publons.com/researcher/1565046/zyad-saleh/publications/>